



TRINITY
EPISCOPAL
SAINT LOUIS

First Sunday in Lent
10:30 a.m., March 9, 2025

Lent



The Rt. Rev. Deon Johnson, *Bishop*
The Rev. Dr. Paul Jacobson, *Rector*
Established 1855 in the Episcopal Diocese of Missouri

Welcome! We are blessed by your presence with us this morning and hope that you will find strength, comfort and fulfillment through our worship. Children are welcome to stay through the service. We welcome all seekers of God to Holy Communion and look forward to meeting you following the service.

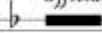

Trinity Episcopal Church
600 North Euclid, St. Louis MO 63108
trinitycwe.org 314-361-4655

THE HOLY EUCHARIST



THE WORD OF GOD

The Great Litany

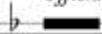

The Officiant at the Litany may be a lay cantor.

Officiant  *People* 

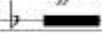

O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

Officiant  *People* 


O God the Son, Redeemer of the world, Have mer - cy up - on us.

Officiant  *People* 


O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

Officiant  *People* 

O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

Officiant 

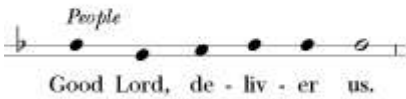
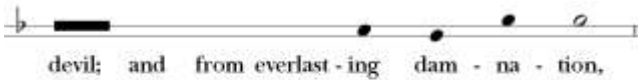
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People 

preserve us for ev - er. Spare us, good Lord.

Officiant 

From all evil and wickedness; from sin; from the crafts and assaults of the



(This same response is sung after the petitions that follow)

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,
Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,
Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,
Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,
Good Lord, deliver us.

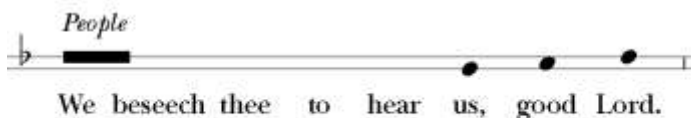
By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,
Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,
Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



(This same response is sung after the petitions that follow)

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States (or of this nation), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,
We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,
We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,
We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,
We beseech thee to hear us, good Lord.

That It may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,
We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,
We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,
We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,
We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of [_____ and] all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.



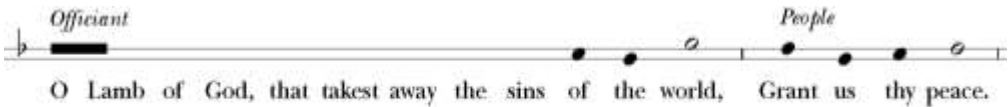
Officiant Son of God, we beseech thee to hear us.

People Son of God, we beseech thee to hear us.

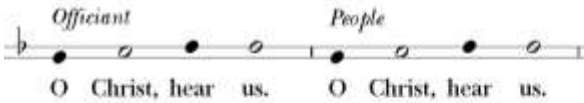


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

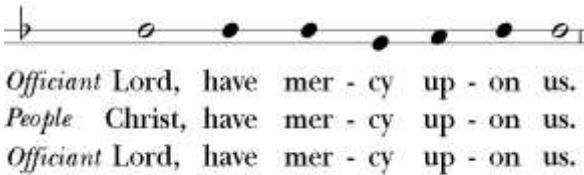


O Lamb of God, that takest away the sins of the world, Grant us thy peace.



O Christ, hear us. O Christ, hear us.

When the litany is sung immediately before the Eucharist, the Litany concludes with the Kyries (which may be sung to any setting), and the Eucharist begins with the Salutation and the Collect of the day.



Officialt Lord, have mer - cy up - on us.
 People Christ, have mer - cy up - on us.
 Officialt Lord, have mer - cy up - on us.

Salutation

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

Deuteronomy 26:1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your

God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader Hear what the Spirit is saying to God's people.

People ***Thanks be to God.***

Psalm 91:1-2, 9-16 (Hymnal S414)

Robert Knox Kennedy
(b. 1945)



© 1979, Robert Knox Kennedy.

- 1 Those who dwell in the shelter of the Most High, *
abide under the shadow of the Almighty.
- 2 They shall say to the Lord, "You are our refuge and our stronghold, *
our God in whom we put our trust."
- 9 Because you have made the Lord your refuge, *
and the Most High your habitation,

- 10 there shall no evil happen to you, *
neither shall any plague come near your dwelling.
- 11 For the angels of God shall have charge over you, *
to keep you in all your ways.
- 12 They shall bear you in their hands, *
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.
- 14 "Because they are bound to me in love,
therefore will I deliver them; *
I will protect them,
because they know my name.
- 15 They shall call upon me,
and I will answer them; *
I am with them in trouble;
I will rescue them and bring them to honour.
- 16 With long life will I satisfy them, *
and show them my salvation."

Second Reading

Romans 10:8b-13

“The word is near you,
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader Hear what the Spirit is saying to the churches.

People **Thanks be to God.**

The Hymnal 1982, #150 Forty days and forty nights *Aus der Tiefe rufe ich*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytton (1822-1870), alt. Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889).

The Gospel

Luke 4:1-13

The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of

God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,
to protect you,'

and

'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

The Rev. Dr. Paul Jacobson

A period of silent reflection is observed.

The Nicene Creed

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Peace

The peace of Christ be always with you.

People **And also with you.**

THE HOLY COMMUNION

Offertory

Andante Cantabile

Rosalie Bonighton

The Hymnal 1982, #147

Now let us all with one accord

Bourbon



1 Now let us all with one ac - cord, in
2 The cov - e - nant, so long re - vealed to
3 Your love, O Lord, our sin - ful race has
4 Re - mem - ber, Lord, though frail we be, in
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
2 those of faith in for - mer time, Christ by his own ex -
3 not re - turned, but fal - si - fied; au - thor of mer - cy,
4 your own i - mage were we made; help us, lest in anx -
5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
2 am - ple sealed, the Lord of love, in love sub - lime.
3 turn your face and grant re - pent - ance for our pride.
4 i - e - ty, we cause your Name to be be - trayed.
5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938).

The Great Thanksgiving

Prayer F (Church of England Common Worship)

Celebrant *People*

May God be with you. And al - so with you.

Celebrant *People*

Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give God thanks and praise.

The Celebrant continues

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendor of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds, we bless you for your mercy and join with saints and angels for ever praising you and singing:

Sanctus (Hymnal S129) Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
 might, hea - ven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he who



Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The Celebrant continues, speaking

Lord God, you are the most holy one, enthroned in splendor and light, yet in the coming of your Son Jesus Christ you reveal the power of your love made perfect in our human weakness.

Embracing our humanity, Jesus showed us the way of salvation; loving us to the end, he gave himself to death for us; dying for his own, he set us free from the bonds of sin, that we might rise and reign with him in glory.

On the night he gave up himself for us all he took bread and gave you thanks; he broke it and gave it to his disciples, saying: "Take, eat; this is my body which is given for you; do this in remembrance of me."

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: "Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Therefore, ***we proclaim the death that he suffered on the cross, we celebrate his resurrection, his bursting from the tomb, we rejoice that he reigns at your right hand on high and we long for his coming in glory.***

As we recall the one, perfect sacrifice of our redemption, O God, by your Holy Spirit let these gifts of your creation be to us the body and blood of our Savior Jesus Christ; form us into the likeness of Christ and make us a perfect offering in your sight.

Look with favor on your people and in your mercy hear the cry of our hearts. Bless the earth, heal the sick, let the oppressed go free and fill your Church with power from on high.

Gather your people from the ends of the earth to feast with [*N and*] all your saints at the table in your kingdom, where the new creation is brought to perfection in Jesus Christ our Lord; by whom, and with whom, and in

whom, in the unity of the Holy Spirit, all honor and glory be yours, almighty God, for ever and ever. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer (Hymnal S119)

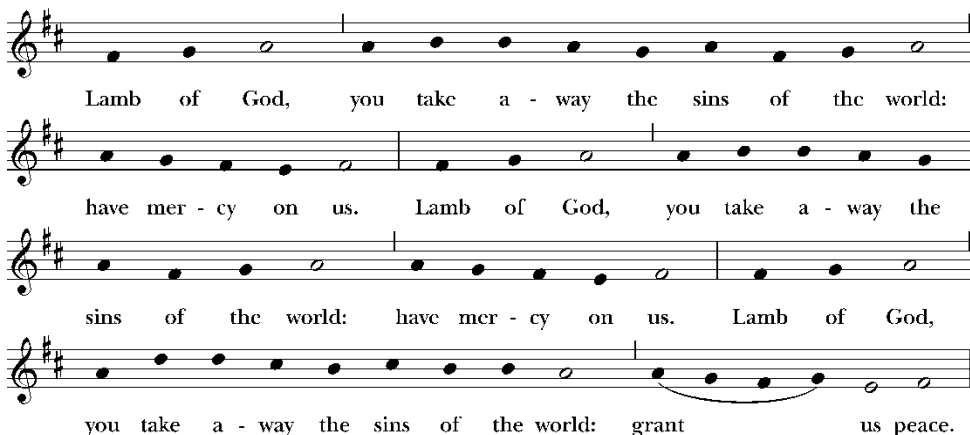
Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944). Setting: Copyright © Church Publishing Inc.

Christ our Pass - o - ver is sac - ri - ficed for us;

There - fore let us keep the feast.

Fraction (Hymnal S161)



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Invitation to Communion

The sacrament of Holy Communion is central to the Christian community. As Christ gave freely of himself so the sacred meal in his name is also freely given. Rejoicing in the spirit of Christ's inclusive love all are warmly invited to receive the bread and wine at the Supper of the Lord.

Gluten-free wafers are available: please assist us by crossing your right arm over your chest so we may serve you correctly. If you do not receive wine you may touch the chalice when it is offered, or simply cross both arms after receiving the bread. Those unable to come to the altar rail are asked to notify an usher, and we will bring Communion to you.

Due to our Diocesan health policy, we ask you not to dip your communion bread/wafer into the chalice when receiving communion (i.e., intinction). You are welcome to receive just the bread or you may touch the chalice when it comes to you, if you are not comfortable with drinking directly from the chalice.

Lift Every Voice, #147

Come, ye Disconsolate

1. Come, ye dis - con - so - late, wher - e'er ye lan - guish,
 2. Joy of the des - o - late, light of the stray - ing,
 3. Here see the bread of life; see wa - ters flow - ing

1. Come to the mer - cy seat, fer - vent - ly kneel:
 2. Hope of the pen - i - tent, fade - less and pure!
 3. Forth from the throne of God, pure from a - bove:

1. Here bring your wound - ed hearts, here tell your an - guish;
 2. Here speaks the com - fort - er, ten - der - ly say - ing,
 3. Come to the feast of love; come, ev - er know - ing

1. Earth — has no sor - row that heav'n can - not heal.
 2. "Earth — has no sor - row that heav'n can - not cure."
 3. Earth — has no sor - row but heav'n can re - move.

Words: Stanzas 1-2, Thomas Moore (1779-1853); Stanza 3, Thomas Hasting (1784-1872). Music: Samuel Webbe (1740-1816).

Postcommunion Prayer

Celebrant and People

***Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out
 to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.***

Prayer over the People

Deacon Bow down your hearts before the Lord our God.

The Presider offers the prayer over the people.

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. ***Amen.***



1 At the Name of Je - sus ev - ery knee shall bow,
 2 Hum - bled for a sea - son, to re - ceive a Name
 3 bore it up tri - um - phant, with its hu - man light,
 4 Name him, Chris - tians, name him, with love strong as death,
 *5 In your hearts en - throne him; there let him sub - due
 *6 Chris - tians, this Lord Je - sus shall re - turn a - gain,



1 ev - cry tongue con - fess him King of glo - ry now;
 2 from the lips of sin - ners, un - to whom he came,
 3 through all ranks of crea - tures, to the cen - tral height,
 4 name with awe and won - der and with bat - ed breath;
 5 all that is not ho - ly, all that is not true;
 6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord
 2 faith - ful - ly he bore it spot - less to the last,
 3 to the throne of God - head, to the Fa - ther's breast;
 4 he is God the Sa - vior, he is Christ the Lord,
 5 crown him as your Cap - tain in temp - ta - tion's hour;
 6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.
 2 brought it back vic - to - rious, when from death he passed;
 3 filled it with the glo - ry of that per - fect rest.
 4 ev - er to be wor - shipped, trust - ed, and a - dored.
 5 let his will en - fold you in its light and power.
 6 and our hearts con - fess him King of glo - ry now.

Words: Caroline Maria Noel (1817-1877), alt. Music: *King's Weston*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

Dismissal

People: Thanks be to God.

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Sunday Service Schedule

8:00 AM Rite I – Spoken Eucharist

10:30 AM Rite II with music

Weekday Service Schedule

7:00 AM on Thursdays

Parish Office Hours

Sunday 7 AM-1 PM, Wednesday & Thursday 8 AM-4 PM,

Friday 8 AM-Noon

Trinity Food Ministry Schedule		
<i>Food Pantry & takeout hot meal</i>	<i>Cafe - drop in for a meal & conversation</i>	<i>Sunday Hot Lunch</i>
Tues: 1:30pm - 3pm Thurs: 4pm - 5pm	Wed: Noon - 2pm	Sunday: 2pm - 2:30pm

Served in February

247 Households

619 Individuals

395 Weekly Hot Lunches

320 Sunday Hot Lunches

Renewing of Ministry Saturday, March 15, 11:00 a.m.

Institution of the Rev. Dr. Paul Jacobson as Rector of Trinity Episcopal Church by Bishop Deon Johnson. (Service will be livestreamed at trinitycwe.org.)

Lunch will be served in the South Parish Hall following the service.



From Father Paul

Dear Ones,

As we enter the season of Lent, I invite you to spend some time thinking about the Great Litany, which we will pray together on Sunday. Some people describe it as “too” something – too long, or too gloomy, or too penitential. Allow me to suggest otherwise.

We are living in a time of pain and confusion in our nation and the world. There are those who are attempting to erase the lives of children of God, and to whitewash our communal history. With prayers crying for deliverance from evil, spiritual harm, and natural calamities, along with pleas for deliverance through the power of Christ’s Incarnation, life, death, and resurrection, I am hard pressed to imagine a better set of prayers for our time. It might be a good daily practice in Lent for you.

You can find it in the Prayer Book at p. 148, or online here <https://www.bcponline.org/GreatLitany/Litany.html>. A newer version, from Enriching Our Worship, can be found here <https://www.christchurchshorthills.org/the-great-litany>

Some backstory...

A litany is a form of prayer featuring varying invocations and a fixed response. It finds its model in Psalm 136:

Give thanks to the LORD, who is good, ** for God’s mercy endures for ever.*

Give thanks to the God of gods, ** for God’s mercy endures for ever.*

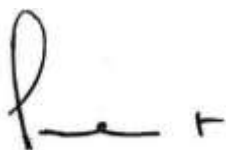
Give thanks to the Lord of Lords, ** for God’s mercy endures for ever.*

The Litany originated in Antioch in the fourth century, eventually spreading to the East via Constantinople and to the West via Rome. From the 5th

century on, litanies in procession became a common form of public prayer, **especially in times of strife.**

The Litany was the **first English language rite** prepared by Archbishop Thomas Cranmer, published in 1544. Cranmer modified an earlier litany form by consolidating certain groups of petitions into single prayers with response. The Litany's use in church processions was ordered by Henry VIII when England was at war with Scotland and France. It was printed as an appendix to the eucharist in the 1549 *Book of Common Prayer* and has been a feature of every Prayer Book since. The 1979 Book of Common Prayer titled the Litany "The Great Litany" to distinguish it from other litanies in the Prayer Book.

A blessed Lent to you all,

A handwritten signature in black ink, appearing to be 'Lent'.

Thanks to everyone who assisted with our February liturgies - we appreciate the time and energy you devote to the Trinity community.

And thanks to Anne, Iris, and Perry Trolard for providing a splendid pancake dinner for everyone last night.

Breakfast will be served after the 8 o'clock service **next Sunday, March 16th.** All are welcome.





LENT & HOLY WEEK WORSHIP SCHEDULE

April 13:

Palm Sunday: 8 and 10:30 a.m.

Thursday, April 17:

Maundy Thursday service at 7pm

Friday, April 18:

Good Friday services at noon & 7pm

Stations of the Cross at 11am & 6pm

Saturday, April 19:

Sacristan Work Day/Holy Saturday Liturgy at 10:30am

Easter Vigil - 8pm

Sunday, April 20:

Easter Day services at 8 and 10:30am

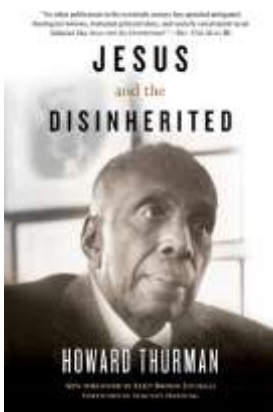


Lenten Meditations from Episcopal Relief and Development

There are many sources for daily Lenten meditations. This year, ERD and author Jerusalem Jackson Greer invite us to journey

through the season together in "A Commonplace Lent." For more information and to subscribe, follow this link:

<https://www.episcopalrelief.org/church-in-action/lent/#subscribe>

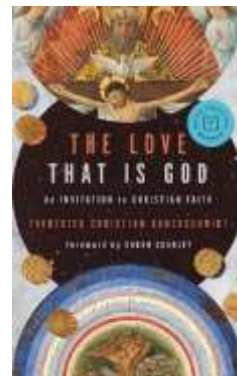


Lenten Book Study

During the 5 Sundays in Lent (starting March 9), Fr. Paul will lead a Lenten Book study on Jesus and the Disinherited, by Howard Thurman. Considered by many to be the theologian of the Civil Rights Movement and mentor to several of the movement's prominent leaders, his passion for justice and radical non violence helped shape the movement. Written in 1949, the book demonstrates how the gospel may be read as a manual of resistance for the poor and disenfranchised. For our discussion, we will meet in the North Parish Hall at noon each Sunday. Please consider purchasing the book from our neighborhood friends at Left Bank Books (<https://www.left-bank.com/>) or borrowing from your local library.

One Diocese, One Book

If you're looking for another book study in Lent, the Episcopal Diocese of Missouri will be using "The Love that is God: An invitation to Christian Faith" by Fredrick Christian Bauerschmidt. Tuesdays during the Lenten Season, the Diocesan household is invited to gather on Zoom to discuss the five chapters of the One Diocese, One Book. Members of the Diocesan staff will serve as facilitators of each conversation beginning Tuesday, March 10, 2025.



For more information, follow this link:

<https://diocesemo.org/connect/news/2025-lenten-book-study>



Film and Fellowship: Coming Attractions

Please join the Film and Fellowship group, scheduled to meet in the North Parish Hall the evening of March 11th. We meet at 6:30 to share a meal together. At 7:00 we begin discussion of two films. For March, we will discuss "Emilia Perez" which is currently steaming on Netflix (no charge); and "The Room Next Door" which does may return to local theaters, but is available on Amazon Prime. The

“Room Next Door” features Tilda Swinton and Julianne Moore as the lead actors.

Please contact Ron Tompkins if you have any questions:
ron.tompkins@nursesfornewborns.org

The Trinity Book Group will meet in the North Parish Hall at Trinity on Saturday, March 15, at 6:30 pm for a potluck supper. At 7 pm, we will discuss the book, "Remarkably Bright Creatures," by Shelby Van Pelt. One of the reviewers called this book, "a story of family, community and optimism in spite of darkness".



Thanks. - Hazel S Kirk



Camp Firebird

If you have children or grandchildren that would like to go to an Episcopal Camp, you're in luck! Camp Firebird, the official camp of the Episcopal Diocese of

Missouri will take place July 27–August 1 @ Camp MoVal in Union, MO. Camp Firebird embraces its deep and inclusive Episcopal roots, welcoming campers and staff to learn more about God, community, and themselves throughout the week, in a carefully designed time away from their normal routines. For more information, see the flyers in church, or follow this link <https://diocesemo.org/camp-firebird>

I am staring out of my office window

watching what I hope is the last hurrah of a really long and frigid winter. The wind is howling and the snow is blowing three directions at the same time. How does one hide from this discomfort if one has no home? I know it is the Midwest and winter still has its own timetable this season, yet the tiniest signs of Spring lurk. I am ready.



TRINITY
FOOD MINISTRY
SAINT LOUIS

Update on Bro Sam: Sam leaves the rehab either Wednesday or Thursday of this week. He is to be on home rest for 10 days and then we will hopefully see him again! Meanwhile, if you would like to send a note to him, his address is 1940 Damato Court, Dellwood MO 63136. Make his day!

Pantry and Hot Lunch are running smoothly because of the volunteers and community members. On these weeks when I am home (every other week), I miss everyone very much.

Giving thanks for St. Peter's Ladue monthly food donation. They are setting records! In addition, St. Timothy's Creve Coeur brought in their donation of rice plus a goodly amount of non-perishable goods. Church of St. Michael & St. George continues to supply casseroles, monetary gifts, sandwiches and goody bags, and a few amazing volunteers.

A reminder about all the economic protests that are ongoing: The idea is to make a difference, to remind the extravagant corporations that we, the 99%, hold the power. However, boycotting Amazon (as an example) for only a week misses the point. If on March 15, we immediately return to Amazon to order goods, we have done little.

This is all about changing the system that exists. Change always begins inside ourselves. We change our ways of spending money; the corporations will change accordingly. Yet, it begins right here, in us as individuals. Lent is a very good time to ponder what part you/we play in the current economic situation. What can we do as individuals to alter our impact? For the long run, not just for a short while.

Love always; always Love. /Barbi

Needs this week at Pantry

Vienna Sausages

Ramen Noodles

Umbrellas

Prayers for all of those who are suffering from the current cuts to Medicaid and Food Stamps, from the housing allowances, from the fear of Social Security changes.



Food Ministry Amazon Wishlist

Scan or click on the QR code to go to the Food Ministry's Amazon Wishlist.

This Week's Core Value: Anglo-Catholic Worship

We believe that devotion to the Real Presence on the Altar leads us to devotion to the Real Presence in our neighbor. We gather for a multi-sensory experience, rooted in consistency and ancient rhythms that anchor our wandering bodies and souls.



March 9: First Sunday in Lent

In our Diocese of Missouri, we pray for the people and ministry of St. Peter's Episcopal Church (1872) in Ladue and David, their Rector; and Nathan, Luke, Jay

and Zack, Assisting Clergy.

* In our companion Diocese of Puerto Rico, we pray for St. Jude Thaddeus (Misión San Judas Tadeo) in Aibonito.

* In the Anglican Communion, we pray for The Anglican Church of Canada.

We keep in our prayers those who are ill or in need:

Barbi Click
Sam Kincade
Helen Hendry
Glenda Wiman
Thomas Kirk
Nan Sweet
Gloria Winston
Dolores Friesen
John Biggs

Steven Forsyth
Julien Worland
Joan Dunbar
The Rev. David K. Fly
Betsey Gardner
Pat Way
Ray Becvar
Denver Wright
Gwen Sims
Charlene Wright
Bruce Baldwin

Friends and Relatives:

Nolan, 2-year-old grandson of a friend of Jeff Wunrow fighting cancer
Amanda, Deacon Barbi's daughter
Bruce Deal and Harry Forbes, New York friends of Michael Shepley
Tiffany Cruz, friend of Lisa Carpenter, breast cancer
Joe Richardson (Of Feed My People), friend of Jerry Martin, multiple health issues.
Karla, friend of Cathy Tierney, heart issues
Ken, Molly Perling's grandfather
Jay Shuldiner, friend of Brian Alms, recovering from two falls.
Warren Frank Moseley (Cynthia and Patrick Fox's son), and his friend, Janese Julien for comfort and healing
Hope, health challenges.
Romerico Lansang, friend of Brian Alms, lung cancer.
Phyllis, the Rev. Steve Lawler's mother-in-law
Teresa, Eliza Williamson's stepmother, chronic illness
Mike, Jeannette Lehrmann's brother, prostate cancer.
Buelane Daugherty, friend of Brian Alms, increasing dementia
Pat R., friend of Cathy Tierney, bladder cancer
Frank Menkhus, Pat Way's friend with heart problems
Sally Moylan, Pat Way's friend with multiple health problems

For Diocesan Clergy: The Rev. Helen Ludbrook, the Rev. David K. Fly, and the Rt. Rev. Hays Rockwell.

For Trinity Food Ministry and its volunteers.

For service members in harm's way.

Birthdays February March 8-15: Jerry Martin, Al Adams, Amy Barnes.

TRINITY EPISCOPAL CHURCH

AN OPEN AND INCLUSIVE CONGREGATION

600 N. Euclid St. Louis MO 63108 Phone: 314.361.4655

trinitycwe.org

www.facebook.com/TrinityStL

Rector

The Rev. Dr. Paul Jacobson
frpaul@trinitycwe.org

Deacon

The Venerable Harry Leip
harry@trinitycwe.org

Choirmaster and Organist

Jeffery Nall
jeff@trinitycwe.org

Parish Administrator

Bill Ader
bill@trinitycwe.org

Food Ministry Manager

The Rev. Barbi Click
barbi@trinitycwe.org

Food Ministry Assistant

Sam Kincade

Sextons

Shawn Hall
Angelo Shell

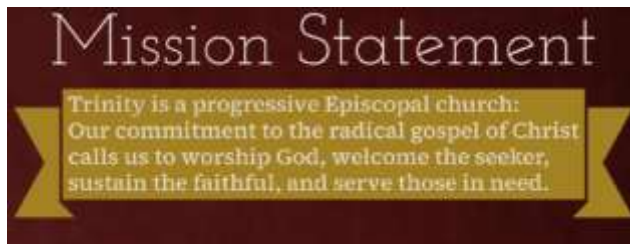
Readings for Sunday, March 16 Second Sunday in Lent

Genesis 15:1-12,17-18

Philippians 3:17-4:1

Luke 13:31-35

Psalm 27



Vestry

Senior Warden: Adrienne Fly

2026

Fritzi Baker
Skip Coburn
Dave Hilditch

Junior Warden: Ben Kiel

2027

Adrienne Fly
Ben Kiel
Mary Patton
Perry Trolard

2028

Carlos Daughaday
Abby Tully