



**The 19th Sunday after Pentecost
St. Michael and All Angels
10:30 a.m., September 29, 2024**



Established 1855 in the Episcopal Diocese of Missouri
The Rt. Rev. Deon Johnson, Bishop
The Rev Jeff Goldone, Transition Priest

Welcome! We are blessed by your presence with us this morning and hope that you will find strength, comfort and fulfillment through our worship. Children are welcome to stay through the service, and nursery care is provided. We welcome all seekers of God to Holy Communion and look forward to meeting you following the service.

**Trinity Episcopal Church
600 North Euclid, St. Louis MO 63108
trinitycwe.org 314-361-4655**

THE HOLY EUCHARIST RITE II

THE WORD OF GOD

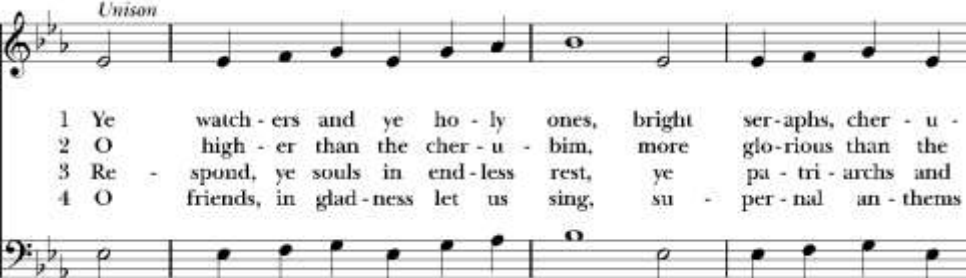
Prelude

The Hymnal 1982, #618

Ye watchers and ye holy ones

Lasst uns erfreuen

Unison

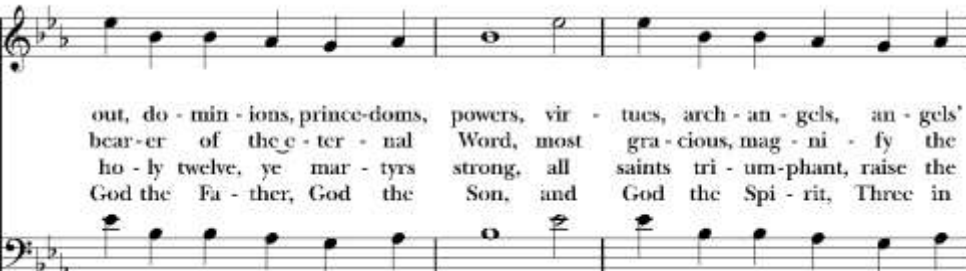


1 Ye watch - ers and ye ho - ly ones, bright ser - aphs, cher - u -
2 O high - er than the cher - u - bim, more glo - rious than the
3 Re - spond, ye souls in end - less rest, ye pa - tri - archs and
4 O friends, in glad - ness let us sing, su - per - nal an - thems

Harmony *Unison*



bim, and thrones, raise the glad strain, Al - le - lu - ia! Cry
ser - u - phim, lead their prais - es, Al - le - lu - ia! Thou
pro - phets blest, Al - le - lu - ia, al - le - lu - ia! Ye
ech - o - ing, Al - le - lu - ia, al - le - lu - ia! To



out, do - min - ions, prince - doms, powers, vir - tues, arch - an - gels, an - gels'
bear - er of the e - ter - nal Word, most gra - cious, mag - ni - fy the
ho - ly twelve, ye mar - tyr strong, all saints tri - um - phant, raise the
God the Fa - ther, God the Son, and God the Spi - rit, Three in

Harmony

choirs, Al - le - lu - ia, al - le - lu - ia, al - le -
 Lord, Al - le - lu - ia, al - le - lu - ia, al - le -
 song, Al - le - lu - ia, al - le - lu - ia, al - le -
 Ounc, Al - le - lu - ia, al - le - lu - ia, al - le -

Unison

lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!

Words: John Athelstan Laurie Riley (1858-1945). By permission of Oxford University Press. Music: *Least uns erfremt*, melody from *Anserlesene Catholische Geistliche Kirchengeseng*, 1623; adapt. and harm. Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

The people standing, the Celebrant says

Celebrant: Blessed be God: the one Holy and undivided Trinity.

People: *And blessed be his kingdom, now and for ever. Amen.*

Collect for Purity

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Glo-ry to God in the High-est and peace to his peo-ple on earth.

5 Lord God, Hea-ven-ly King, Al - migh-ty God and Fa-ther, we wor-ship you, we

10 give you thanks, we praise you for your glo - ry! Lord Je - sus Christ,

13 on-ly Son of the Fa-ther. Lord God, Lamb of God, you take a-way the

22 sins of the world, have mer - cy on us. You are seat-ed at the

27 right hand of the Fa-ther, re - ceive our prayer. For you a-lone are the Ho-ly One,

33 You a-lone are the Lord, You a-lone are the Most High Je - sus Christ with the

39 Ho - ly Spi-rit, in the glo - ry of God the Fa-ther! A - men.

Collect of the Day

The Celebrant says to the people

God is with you.

People **And also with you.**

Celebrant Let us pray.

Everlasting God, you have ordained and constituted in a wonderful order the ministries of angels and mortals: Mercifully grant that, as your holy angels always serve and worship you in heaven, so by your appointment they may help and defend us here on earth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

First Reading

Numbers 11:4-6, 10-16, 24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, “If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at.”

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, “Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, ‘Carry them in your bosom, as a nurse carries a sucking child,’ to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, ‘Give us meat to eat!’ I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery.”

So the Lord said to Moses, “Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.”

So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again.

Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, “My lord Moses, stop them!” But Moses said to him, “Are you jealous for my sake? Would that all the Lord’s people were prophets, and that the Lord would put his spirit on them!”

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

Psalm 19:7-14

- 7 The law of the Lord is perfect and revives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.
- 8 The statutes of the Lord are just and rejoice the heart; *
the commandment of the Lord is clear
and gives light to the eyes.
- 9 The fear of the Lord is clean and endures for ever; *
the judgements of the Lord are true
and righteous altogether.
- 10 More to be desired are they than gold, *
more than much fine gold,
sweeter far than honey, *
than honey in the comb.
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 Who can tell how often they offend? *
Cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins; *
let them not get dominion over me;
then shall I be whole and sound, *
and innocent of a great offense.
- 14 Let the words of my mouth and the meditations of my heart
be acceptable in your sight; *
O Lord, my strength and my redeemer.

Second Reading

James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain,

and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Reader Hear what the Spirit is saying to the churches.

People **Thanks be to God.**

Lift Every Voice, #91

Give Me Jesus

1. In the morn - ing when I rise, In the morn - ing when I
2. Dark ___ mid - night was my cry, Dark ___ mid - night was my
3. O ___ when I come to die, O ___ when I come to

1. rise, In the morn - ing when I rise, Give me Je - - sus.
2. cry, Dark ___ mid - night was my cry, Give me Je - - sus.
3. die, O ___ when I come to die Give me Je - - sus.

Give me Je - sus, Give me Je - sus, You may



Words: Traditional
Music: Negro Spiritual; arr. Evelyn D. White. Used by Permission.

The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

The Gospel

Mark 9:38-50

John said to Jesus, “Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us.” But Jesus said, “Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

“If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

“For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

The Gospel of the Lord.

People Praise to you, Lord Jesus Christ.

The Sermon

The Venerable Harry Leip

A period of silent reflection is observed.

The Nicene Creed

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.*

For us and for our salvation

*he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Prayers of the People - Form III, adapted

The Leader and People pray responsively

God, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Comfort and heal all those who suffer in body, mind and spirit, including Helen, Ellie, Thomas, Anne, Nan, Gloria, Al, Dolores, John, Steven, Julien, Joan, David, Betsey, Pat, Ray, Denver, Gwen, Charlene, Bruce, and for those we now name _____. Have compassion on all who suffer from any grief or trouble;
That they may be delivered from their distress.

We pray for those who had died, including those we now name _____. Give to the departed eternal rest.
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence is held for a few moments.

Celebrant:

Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. ***Amen.***

Confession of Sin

A Confession of Sin is said here if it has not been said earlier. On occasion, the Confession may be omitted.

One of the sentences from the Penitential Order or Enriching Our Worship I may be said.

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of our Savior Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of Christ be always with you.

People **And also with you.**

Welcome and Announcements

If you would like to make a contribution, text the amount to **314 648 8344**.

THE HOLY COMMUNION

Offertory

The Hymnal 1982, #609

Where cross the crowded ways of life

Gardier

1 Where cross the crowd - ed ways of life, where sound the
2 In haunts of wretch - ed - ness and need, on sha - dowed
3 The cup of wa - ter given for thee still holds the
4 O Mas - ter, from the moun - tain side, make haste to
5 till all the world shall learn thy love, and fol - low

1 cries of race and clan, a - bove the noise of
2 thresh - olds dark with fears, from paths where hide the
3 fresh - ness of thy grace; yet long these mul - ti -
4 heal these hearts of pain; a - mong these rest - less
5 where thy feet have trod; till glo - rious from thy

1 self - ish strife, we hear thy voice, O Son of Man.
2 lures of greed, we catch the vi - sion of thy tears.
3 tudes to see the true com - pas - sion of thy face.
4 throngs a - bid, O tread the ci - ty's streets a - gain;
5 heaven a - bove, shall come the ci - ty of our God.

Words: Frank Mason North (1850-1935), alt. Music: *Gardier*, from *Sacred Melodies*, 1815; arr. William Gardiner (1770-1853).

The Great Thanksgiving

Eucharistic Prayer 3

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus

Helen Hendry

The musical score for the Sanctus is written in treble clef with a common time signature (C). It consists of three staves of music. The lyrics are: "Ho - ly, Ho - ly, Ho - ly Lord God of power and might, Hea-ven and earth are full of your glo - ry, Ho - san-na in the High - est! Bless - ed is He who comes in the name of the Lord. Ho - san-na in the High-est!" The score includes bar numbers 6 and 14. The music is a simple, melodic line with some rests and a final double bar line.

The Presider continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us. We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he

broke it, gave it to his friends and said: “Take, eat, this is my Body, broken for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: “Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Presider and People

Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

The Presider continues

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with [blessed _____, and] all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People

Blessed are you now and for ever. Amen.

As our Savior Christ has taught us, we now pray,

The Lord’s Prayer *traditional*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

Fraction Anthem (from Julian of Norwich)

Celebrant: God is the ground and the substance, the very essence of nature;

People: ***God is the true father and mother of natures.***

Celebrant: We are all bound to God by nature,

People: ***and we are all bound to God by grace.***

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Invitation and Welcome to Communion

The sacrament of Holy Communion is central to the Christian community. As Christ gave freely of himself so the sacred meal in his name is also freely given. Rejoicing in the spirit of Christ's inclusive love all are warmly invited to receive the bread and wine at the Supper of the Lord. *Gluten-free wafers are available:* please assist us by crossing your right arm over your chest so we may serve you correctly.

If you do not receive wine you may touch the chalice when it is offered, or simply cross both arms after receiving the bread. *Those unable to come to the altar rail* are asked to notify an usher, and we will bring Communion to you.

If you would like to remain at your seat for Communion or a blessing, please let an usher know and we will be happy to come to you.

Communion of the People

1 Shep - herd of souls, re - fresh and bless thy cho - sen
 2 We would not live by bread a - lone, but by thy
 3 Be known to us in break - ing bread, and do not
 4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the
 word of grace, in strength of which we
 then de - part; Sa - vior, a - bide with
 and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.
 trav - el on to our a - bid - ing - place.
 us, and spread thy ta - ble in our heart.
 heaven - ly wine, be our im - mor - tal food.

Words: James Montgomery (1771-1845), alt. Music: St. Agnes, melody John Bacchus Dykes (1823-1876); harm. Richard Proulx (b. 1937), after John Bacchus Dykes (1823-1876). Copyright © 1985, G.L.A. Publications.

Post Communion Prayer

After Communion, the celebrant invites the congregation to stand and pray saying:

- Celebrant* God is with you.
- People* **And also with you.**
- Celebrant* Together, let us pray.

People Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

The Blessing

The Hymnal 1982, #426

Songs of praise the angels sang

Northampton

1 Songs of praise the an - gels sang, heaven with al - le - lu - ias rang,
 2 Songs of praise a - woke the morn when the Prince of Peace was born;
 3 Heaven and earth must pass a - way; songs of praise shall crown that day;
 4 And shall Chris-tians fail to sing till on earth Christ come as King?
 5 Saints be - low, with heart and voice, still in songs of praise re - jice,

1 when cre - a - tion was be - gun, when God spoke and it was done.
 2 songs of praise a - rose when he cap - tive led cap - tiv - i - ty.
 3 God will make new heaven and earth; songs of praise shall hail their birth.
 4 No; the Church de - lights to raise psalms and hymns and songs of praise.
 5 learn-ing here, by faith and love, songs of praise to sing a - bove.

6 Borne upon their latest breath,
 songs of praise shall conquer death;
 then, amidst eternal joy,
 songs of praise their powers employ.

Words: James Montgomery (1771-1854), alt. Music: *Northampton*, Charles John King (1859-1934). Copyright © Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission.

Dismissal

The Community responds: Thanks be to God.

Postlude

RiteSong subscription # CPIRS29694
 Music under OneLicense # A-713038

Sunday Service Schedule

8:00 AM Rite I - Spoken
10:30 AM Rite II - Sung Eucharist

Weekday Service Schedule

7:00 AM on Thursdays

Parish Office Hours

Sunday 7 AM-1 PM, Wednesday & Thursday 8 AM-4 PM,
Friday 8 AM-2:30 PM (8 AM-Noon June-August)

Trinity Food Ministry Schedule		
<i>Food Pantry & takeout hot meal</i>	<i>Cafe - drop in for a meal & conversation</i>	<i>Sunday Hot Lunch</i>
Tues: 1:30pm - 3pm Thurs: 4pm - 5pm	Wed: Noon - 2pm	Sunday: 2pm - 2:30pm

Served in August

Individuals served 782

Pantry Hot Meals 360

Wednesday Cafe 120

Sunday Hot Lunch 400

Food ministry donation for September: Canned Chili

From the Rev. Jeff Goldone

Today our Church celebrates the Feast of Michael and all

Angels, popularly called Michaelmas. We give thanks for the many ways in which God's loving care watches over us, both directly and indirectly, and we are reminded that the richness and variety of God's creation far exceeds our knowledge of it.

In the fall of 2000 God blessed me with my own archangels - Gabriel, a mischievous and lovable yellow lab, and Michael, Gabriel's sidekick in mischief, a sweet and loving golden retriever. Michael blessed my world for thirteen and a half years, and Gabriel was at my side for over fifteen. I still miss them greatly, and I often feel their presence throughout my home. As we dog lovers like to share, "And God said, I will send them without wings so no one suspects them of being an angel." Fr. Jeff

The Holy Scriptures often speak of created intelligences other than humans who worship God in heaven and act as His messengers and agents on earth. We are not told much about them, and it is not clear how much of what we are told is figurative. Jesus speaks of them as rejoicing over penitent sinners (Lk 15:10). Elsewhere, in a statement that has been

variously understood (Mt 18:10), He warns against misleading a child, because their angels behold the face of God. (Acts 12:15)

In the Hebrew Scriptures, it is occasionally reported that someone saw a man who spoke to him with authority, and who he then realized was no mere man, but a messenger of God. Thus, we have a belief in super-human rational created beings, either resembling men in appearance or taking human appearance when they are to communicate with us. They are referred to as "messengers of God," or simply as "messengers." The word for a messenger in Hebrew is MALACH, in Greek, ANGELOS, from which we get our word "angel."

By the time of Christ, Jewish popular belief included many specifics about angels, with names for many of them. There were thought to be four archangels, named Michael, Gabriel, Raphael, and Uriel. An alternative tradition has seven archangels (see Tobit 12:15 and 1 Enoch 20). Sometimes each archangel is associated with one of the seven planets of the Ptolemaic system (the moon, Mercury, Venus, the Sun, Mars, Jupiter, Saturn). Michael is associated with Saturn and Uriel with the Sun.

Michael (the name means "Who is like God?") is said to be the captain of the heavenly armies. He is mentioned in the Scriptures in Daniel 10:13,31; 12:1 (where he is said to be the prince of the people of Israel); in Jude 9 (where he is said to have disputed with the devil about the body of Moses); and in Revelation 12:7 (where he is said to have led the heavenly armies against those of the great dragon). He is generally pictured in full armor, carrying a lance, and with his foot on the neck of a dragon. (Pictures of the Martyr George are often similar, but only Michael has wings.)

Gabriel (the name means "God is my champion") is thought of as the special bearer of messages from God to men. He appears in Daniel 8:16; 9:21 as an explainer of some of Daniel's visions. According to the first chapter of Luke, he announced the forthcoming births of John the Baptist and of our Lord to Zachariah and the Virgin Mary respectively.

Raphael (the name means "God heals") is mentioned in the Apocrypha, in the book of Tobit, where, disguised as a man, he accompanies the young man Tobias on a quest, enables him to accomplish it, and gives him a remedy for the blindness of his aged father.

Uriel (the name means "God is my light" -- compare with "Uriah", which means "the LORD is my light") is mentioned in 4 Esdras.

What is the value to us of remembering the Holy Angels? Well, since they appear to excel us in both knowledge and power, they remind us that, even among created things, we humans are not the top of the heap. Since it is the common belief that demons are angels who have chosen to disobey God and to be His enemies rather than His willing servants, they remind us that the higher we are the lower we can fall. The greater our natural gifts

and talents, the greater the damage if we turn them to bad ends. The more we have been given, the more will be expected of us. And, in the picture of God sending His angels to help and defend us, we are reminded that apparently God, instead of doing good things directly, often prefers to do them through His willing servants, enabling those who have accepted His love to show their love for one another.

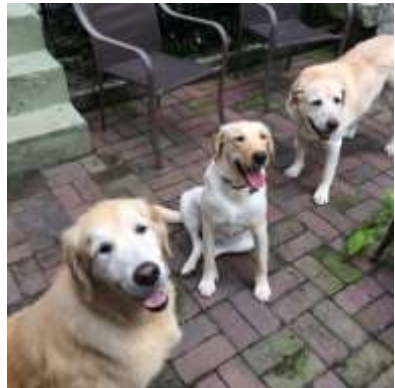
written by James Kiefer

Prayer

Everlasting God, who have ordained and constituted in a wonderful order the ministries of angels and mortals: Mercifully grant that, as your holy angels always serve and worship you in heaven, so by your appointment they may help and defend us here on earth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Feast of St. Francis Pet Blessing!

I would love to meet all your wonderful pets or hear cherished stories of those who are waiting for us to meet up with them in heaven! Friday, October 4th is the Feast Day of St. Francis of Assisi, a day this priest loves to celebrate! Come join me, weather permitting, on the South Lawn on Friday evening, October 4th between 5:30p.m. and 6:30p.m. where I can meet your dogs, cats, or other loving creatures and offer a special blessing. Or bring a picture of those who have left you and your family way too soon, and we can say a prayer of thanksgiving together for all the joy they brought to your world. Let's praise God together for the creation of all animals. And if you're not a pet owner, just come and be with us and be entertained with all the love being shared!



After a two months hiatus, Film and Fellowship met in September to discuss films seen in July and August both in the theater and streaming. Some of the popular films included “Thelma,” “A Gentleman from Moscow,” and my favorite “Ghost Light.” For our October 8th meeting, please join us at 6:30 for food and fellowship, followed by discussion of “The Critic” (now streaming on Prime and showing at Plaza Frontenac,” and “Sing Sing” which is currently playing at

Chase Park Plaza Cinema. Join us – the food and the discussions are always good.

For questions contact Ron Tompkins: ron.tompkins@nursesfornewborns.org

Canvassing is a great way to speak one-on-one with your neighbors about the things that

CANVASSING

matter to us. I have been involved in several canvassing campaigns. They always involve my political pet issues that our legislature refused to address and activate my sense that I, one person, can make a difference in our political process. Canvassing is our democracy at work. Keeping it alive and vibrant.

I went door-to-door distributing candidate information for both of President Obama's campaigns, as well as Senator Claire McCaskill's. I've worked against Right to Work ("for less"). I circulated petitions for Clean Missouri to put controls on gerrymandering and reduce gifting to legislatures to \$5, requiring that legislative committees and the legislature only work where the public is invited. I worked for the \$15 minimum wage initiative.

I've also worked to register many voters for Metropolitan Congregations United and the League of Women Voters. Some voters who wouldn't make eye contact with me and with whom I gently persisted had served time and "paid their dues," were off probation, and did not know that their right to vote in Missouri was restored if they just registered to vote. They were so pleased to have that dignity restored.

My door-to-door canvassing usually meant leaving the info on the doorknob as people were not home or were not answering. But people may prefer the more passive info rather than a person speaking with them. That is not the case, however, when circulating initiative petitions. There, when you've piqued someone's interest and gained another signature, it is a feeling of accomplishment. For our democracy. What a good feeling. ...And walking neighborhoods makes me feel connected to American communities. Connected is good. ...Especially now.

I know I am doing something positive for my democracy. As I like to say "can't never did anything". Go do something. Every candidate you like and every ballot measure campaign you support is looking for canvassing volunteers. Reach out and offer your time. Everything you do - or don't do - matters. - Cynthia M. Fox



TRINITY
FOOD MINISTRY
SAINT LOUIS

The Pantry is a Hug

My Inbox is filled with recipes from the New York Times Cooking. Monday's headline caught my attention, "This Soup is a Hug." The soup was Lemony White Bean Soup With Turkey and Greens.

The cooler weather makes me think of soup and this headline made me think of the food pantry. Many of the ingredients for this recipe are available from time to time at the pantry: a bunch of sturdy greens, such as kale, broccoli rabe, mustard greens or collard greens, tomato paste, ground turkey, vegetable broth, garlic, onions, carrots and canned white

beans. It made me wonder if the food pantry is seen as a “hug” for the community that we serve. It’s not in our mission statement per se, but last week we gave out lots of “hugs” - 70 on Tuesday and at least 50 on Thursday. I’m going to make this recipe with the lemony white beans and remember “the least of us” that we are helping each week. And when I donate a can of beans, I will think about the ingredient it could become in a hearty soup and our collective desire to feed the poor.

Give generously,

Jeanie Bryant, Pantry Volunteer

NEEDS this week:

- Cereal
- Oatmeal
- Canned meats
- Ravioli
- Crackers
- Tuna in water
- Peanut butter
- Jelly



Food Ministry Amazon Wishlist

Scan or click on the QR code to go to the Food Ministry's Amazon Wishlist.

This Week's Core Value: Justice Oriented

We believe in confronting the structural and systemic sins of the world. Our actions, practices, and beliefs are shaped by a commitment to loving our neighbors in public, especially the poor, the vulnerable, and those carrying heavy burdens.



Diocesan News



Vote Faithfully Reflections:

Our diocese has begun a new series to focus on our Christian call to engage in the election process. Find the series introduction by Trinity's own Jeff Wunrow (co-missioner for the Diocesan Gun Violence Prevention Ministry) and information from choir member Cynthia M. Fox along with our bishop and others:

<https://diocesemo.org/ministries/public-advocacy/vote-faithfully>



September 29: The Nineteenth Sunday after Pentecost

In our Diocese of Missouri, we pray for the people and ministry of Faith Christian Church of India (2018) in Ballwin. We pray for Clive and Sujanna, their priests.

* In our companion Diocese of Puerto Rico, we pray

for Mission Cristo Redentor (Misión Cristo Redentor) in San Sebastián.

* In the Anglican Communion, we pray for the Church of Pakistan (United).

We keep in our prayers those who are ill or in need:

Glenda Wiman

Ellie Chapman

Thomas Kirk

Anne Hennig

Nan Sweet

Gloria Winston

Al Adams

Dolores Friesen

John Biggs

Steven Forsyth

Julien Worland

Joan Dunbar

The Rev. David K. Fly

Betsey Gardner

Pat Way

Ray Becvar

Denver Wright

Gwen Sims

Charlene Wright

Bruce Baldwin

Friends and Relatives:

Bruce Deal and Harry Forbes, New York friends of Michael Shepley
Tiffany Cruz, friend of Lisa Carpenter, breast cancer
Joe Richardson (Of Feed My People), friend of Jerry Martin, multiple health issues.
Darryl Underwood, Sharron Underwood's brother
Denise Huber, friend of Jerry Martin
Karla, friend of Cathy Tierney, heart issues
Ken, Molly Perling's grandfather
Jay Shuldiner, friend of Brian Alms, recovering from two falls.
Warren Frank Moseley (Cynthia and Patrick Fox's son), and his friend, Janese Julien for comfort and healing
Hope, health challenges.
Romerico Lansang, friend of Brian Alms, lung cancer.
Phyllis, the Rev. Steve Lawler's mother-in-law
Teresa, Eliza Williamson's stepmother, chronic illness
Mike, Jeannette Lehrmann's brother, prostate cancer.
Buelane Daugherty, friend of Brian Alms, increasing dementia
Ken Dunbar, Joan Dunbar's nephew, renal failure
The Trimble Family
Pat R., friend of Cathy Tierney, bladder cancer
Lois Underwood, Sharron Underwood's sister
Robin Hendry, Helen Hendry's son, continuing health problems
Frank Menkhus, Pat Way's friend with heart problems
Sally Moylan, Pat Way's friend with multiple health problems

For Diocesan Clergy: The Rev. David K. Fly, the Rev. Paul Metzler, and the Rt. Rev. Hays Rockwell.

For Trinity Food Ministry and its volunteers.

For service members in harm's way.

Birthdays September 29 - October 5: Joyce von Glahn, Denver Wright, Tricia Daughaday, Tom Kirk III, John McGuire.

THE HONOR OF YOUR PRESENCE
IS REQUESTED AT THE MARRIAGE OF



TAMMY O'DONNELL
TO
KEVIN WHALEN

SUNDAY, THE SIXTH OF OCTOBER
TWO THOUSAND TWENTY-FOUR
TEN-THIRTY IN THE MORNING
TRINITY EPISCOPAL CHURCH
600 NORTH EUCLID AVENUE
SAINT LOUIS, MISSOURI

LIGHT RECEPTION TO FOLLOW

BEFORE YOU VOTE NOV 5

**DOES YOUR CANDIDATE SUPPORT
COMMON SENSE GUN LAWS?**

THE EPISCOPAL CHURCH DOES!

We support handgun purchaser licensing. (*General Convention 2015-B008*)

We support the federal ban on assault weapons. (*Executive Council 021995.07*)

We urge Congress to adopt effective hand gun legislation, support federal, state, and local legislation aimed at controlling the sale and use of hand guns. (*GC 1976-C052*)

If you don't know your candidate's position, or if you want further information about the issues, we recommend these websites:

Gun Sense Voter (gunsensevoter.org)
MOMS Demand Action (momsdemandaction.org)

And there is more election information on our diocesan website:
diocesemo.org/vote-faithfully



TRINITY EPISCOPAL CHURCH

AN OPEN AND INCLUSIVE CONGREGATION

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www.facebook.com/TrinityStL

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Deacon

The Venerable Harry Leip
harry@trinitycwe.org

Choirmaster and Organist

Jeffery Nall
jeff@trinitycwe.org

Parish Administrator

Bill Ader
bill@trinitycwe.org

Food Ministry Manager

The Rev. Barbi Click
barbi@trinitycwe.org

Food Ministry Assistant

Sam Kincade

Sextons

Shawn Hall
Angelo Shell

Readings for Sunday, October 6 20th Sunday after Pentecost

Genesis 2:18-24

Psalm 8

Hebrews 1:1-4; 2:5-12

Mark 10:2-16

Mission Statement

Trinity is a progressive Episcopal church:
Our commitment to the radical gospel of Christ
calls us to worship God, welcome the seeker,
sustain the faithful, and serve those in need.

Vestry

Senior Warden: Dave Hilditch

Junior Warden: Ben Kiel

2025

Amy Barnes
Mary Moore
Hal Morgan

2026

Skip Coburn
Dave Hilditch
Bill von Glahn

2027

Ben Kiel
Perry Trolard